

Mission Statement

First of all I want to thank all the parents for considering our preseason camp. I think it's a great opportunity to meet future players and teach them fundamentals at a young age that we will expect from them once they get to high school.

The camp will focus on the fundamentals of volleyball in addition to strategies to improve one's overall game. Each camper will receive one-on-one instruction developing the skills of the game. Your daughter will have a positive experience at this volleyball camp regardless of her skill level. She will have the opportunity to work with FDHS high school coaches and players.

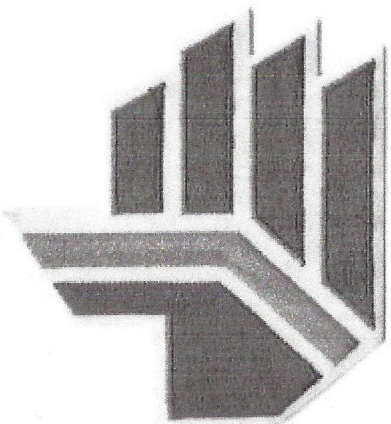


Sue Leonard

sleonard@angusta.k12.va.us

540-245-5050

3rd Annual Fort Defiance Volleyball Camp



May 28 - 30 2019
9 A.M. -12 P.M.
FORT DEFIANCE HIGH SCHOOL GYMNASIUM
FOR: RISING 4TH GRADERS—RISING 8TH
GRADERS

**LOOKING TO IMPROVE YOUR
VOLLEYBALL SKILLS?
JOIN THE FORT DEFIANCE VOLLEYBALL
STAFF AND PLAYERS FOR THIS FUN-
FILLED CAMP!**

Medical Waiver Form

I understand that volleyball is a physically active sport. Therefore, there are inherent risks, including physical injury involved in playing. I hereby authorize the staff of Fort Defiance Youth Camp to use their best judgment in any emergency situation and release them from liability resulting from injury sustained as a result of participation in the camp on behalf of _____ (player's name).

Fort Defiance High School and all persons involved with the Fort Defiance Youth Camp assumes no responsibility from personal injury, loss or damage to property. I also certify that the above name is physically able to participate in Volleyball camp activities.

Parent or Guardian's Signature _____

Date _____

List all medications that your child takes and any medical conditions the camp or physician should be aware of:

Camp Information

May 28—30

9 A.M.—12 P.M.



Camp Objectives

- Introduce and teach basic volleyball skills to athletes at the beginner and intermediate level
- Skills focused on will include: passing, setting, serving, hitting, and defense
- Emphasis is placed on properly learning the fundamentals of the game to provide a solid foundation for the athlete to use in future competition
- Our desire is that each camper will have an enjoyable experience at camp

What to Bring

Each player should wear activity clothes (athletic shorts, t-shirt, tennis shoes). Knee pads and water bottles are recommended. Water fountains are located by the gyms. Avoid valuable items.

Cost

Cost will be \$50.00 per kid. You can mail registration form to FDHS along with payment or please arrive 30 minutes early on the first day to complete paperwork.

This will include a camp t-shirt.

Registration

* Please complete this form front and back and mail to 195 Fort Defiance Rd Fort Defiance, Va 24437 along with payment.

NAME _____

AGE _____ GRADE _____

SCHOOL _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PARENT CONTACT INFORMATION

NAME _____

PHONE _____ OR _____

- Please pre-register by mailing form and payment before May 24 if possible.
- We will accept late registrations, but please send a email to sleonard@augusta.k12.va.us so we have an idea on how many players to expect. Please include name and grade.
- Please be a couple minutes early at the end of camp to pick your child up.

Arrival and Check-In

Players need to be at the camp 10 minutes early each day to check in. If you do not pre-register please be 30 minutes early on the first day.

Staff

Sue Leonard

Julie Williams

Amber Pitsenbarger